

Fellowship Spring Retreat

When: March 16-18, 2012

Where: Mt. Morris Camp and Conference Center, Wautoma, WI

Contact: Marie Murton, Membership Coordinator, fvuufmem@fvuuf.org

Come immerse yourself in the healing traditions from the East and West. Join B Alford & Debra Morningstar as they lead you in healing ceremonies, chants, restorative yoga tribal ceremony and drumming that will help you return to your true self and remember your own dreams. You're invited to partake in a Spring Retreat which promises to "nourish the body, soul and mind." Come...and walk with us as we align ourselves with the energies of Nature as Mother Earth awakens once again. A brochure with registration information will be available in January.

Heart to Heart Retreat

When: March 30 to April 1, 2012

Where: Retreat Center in Wisconsin

Contact: Heart to Heart Facilitators, h2hfvuuf@gmail.com

A couple's enrichment weekend retreat is being offered by the Fellowship. This retreat for couples is patterned on the well-known Marriage Encounter program and, although our presentations come from a Unitarian Universalist perspective, the opportunities extend far beyond any boundaries of faith. Couples have been enriching their partnerships for years based on this model at programs around the country; we are pleased to offer this experience here!

All couples committed to their partners and to their relationships are welcome — same-sex and opposite-sex, married and unmarried. This will be an opportunity to focus on your relationship and to deal with important issues.

The Heart to Heart retreat is designed to enrich the communication and intimacy of your relationships by emphasizing personal reflection and couples dialog. A team of experienced Unitarian Universalist volunteer couples will lead you through a series of presentations. Participants are not asked to share with the group, but rather to spend time reflecting on their feelings and then talking privately with their partner.



**Fox Valley
Unitarian Universalist Fellowship**

2600 E PHILIP LN

● APPLETON WI 54915

● 920-731-0849

Nurture Your Spirit. Help Heal Our World.